



## NATURAL FOOD SUPPLEMENT



CONTENT PER CAPSULE  
ZENIVITS

WEIGHT  
455mg

## INGREDIENTS:

L-theanine, Ballote extract (Ballota nigra L. - flowering tops); capsule shell: 100% pullulan; dry extract of Ashwagandha SHODEN® (Withania somnifera - root and leaves), L-ascorbic acid (Vitamin C), nicotinamide; bulking agent/vulstof: rice starch; zinc citrate, saffron (Crocus sativus L. - stigmata), calcium D-pantothenate (Vitamin B5), pyridoxal 5'-phosphate (Vitamin B6), sodium riboflavin 5'-phosphate (Vitamin B2), hydrochloride of thiamine (Vitamin B1), (6S)-5-methyltetrahydrofolic acid as glucosamine salt (Vitamin B9), methylcobalamin (Vitamin B12).

NUTRITIONAL INFORMATION	2 CAPSULES	AR%*
Saffron	30mg	-
including 7.5% crocin and 3% safranal	2.25mg and 0.9mg	-
L-theanine	200mg	-
Extract of Ballote	200mg	-
Ashwagandha extract	100mg	-
of which 35% withanolides	35mg	-
Nicotinamide	54mg	337
Vitamin B1	1.2mg	100
Vitamin B2	1.4mg	100
Vitamin B5	6mg	100
Vitamin B6	1.4mg	100
Vitamin B9	200µg	100
Vitamin B12	1.2mg	50
Vitamin C	80mg	100
Zinc	10mg	100

\* RI = reference intake.

ZENIVITS<sup>New</sup>

## SAFRAN + ASHWAGANDHA + THEANINE + BALLOTE + VITAMINES

Stressed? **Zenivits** is a specific complex containing phytonutrients including a saffron extract highly titrated in 3% safranal and 7.5% crocins, a patented extract of ashwagandha "Shoden®" titrated in 35% withanoloids, combined with extracts of L-theanine and ballote. The addition of zinc citrate and vitamins enhances the action of lu Zenivits.

## HEALTH CLAIMS

✓ Vitamins B1, B6 and B12 help maintain normal psychological functions and zinc contributes to normal cognitive function;

✓ Saffron promotes a state of relaxation and mental and physical well-being. Ashwagandha helps the body to manage stress.

## ADVANTAGES OF THE FORMULA

✓ Saffron rich in safranal (3%) and crocins (7.5%);

✓ Synergy of plant extracts of vitamins and bioavailable minerals; - Ashwagandha extract (SHODEN®) supported by scientific studies; - Natural galenic form (pullulan) and excipient (rice starch).

## RECOMMENDATIONS

This dietary supplement does not replace a varied and balanced diet and a healthy lifestyle and is not a drug. Inform your doctor and/or pharmacist in case of concomitant use of anticoagulants. Consumption should be limited to a few weeks/months. Not recommended for pregnant women. In case of joint intake of chemical antidepressants, it is advisable to be followed by your doctor. According to health agencies, it is not recommended for children under 12 years old. Keep out of the reach of children. Store cool and dry. Do not exceed the indicated dosage.



## USING ADVICE :

2 capsules per day with a glass of water with meals.

CNK	CONDITIONING	P. PUBLIC
4509683	60 capsules	39,50€



AVAILABLE ONLINE, IN PHARMACY AND IN ORGANIC STORE.