



NATURAL FOOD SUPPLEMENT

CONTENT PER CAPSULE
SOMICAREWEIGHT
495mg

INGREDIENTS:

Valerian dry extract (*Valeriana officinalis* L. - root); capsule shell/
capsuleschaal: 100% vegetable pullulan, rice starch; dry extract of Lemon
Balm (*Melissa officinalis* - leaf), dry extract of Sweet Clover (*Melilotus*
officinalis - flowering top), dry extract of Eschscholzia (*Eschscholzia*
californica cham. - flowering aerial parts), dry extract of Linden (*Tilia*
cordata - flower), dry extract of Passionflower (*Passiflora incarnata* L. -
aerial parts).

NUTRITIONAL INFORMATION	2 CAPSULES	AR%*
Valerian extract	200mg	-
Lemon balm extract	100mg	-
Sweet Clover extract	100mg	-
Eschscholzia extract	100mg	-
Linden extract	100mg	-
Passionflower extract	100mg	-

* RI = reference intake.



USING ADVICE :

2 capsules per day 1/2 hour after the evening meal with a
glass of water.

CNK	CONDITIONING	P. PUBLIC
4420857	60 capsules	16,20€

SOMICARE

VALÉRIANE + MELISSE + MELILOT + PASSIFLORES CHOS
CHOLZIA

+ SIZE EU L +

Are you having trouble getting to sleep? **Somicare** is a food supplement composed of 6 flavonoid-rich plant extracts.

HEALTH CLAIMS

- ✓ Valerian and lemon balm help with falling asleep;
- ✓ Eschscholzia contributes to optimal relaxation;
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- ✓ Eschscholzia contributes to optimal relaxation.

ADVANTAGES OF THE FORMULA

- ✓ Combination of active phytonutrients;
- ✓ 100% natural coating (pullulan) without harmful excipient (rice starch).

PRECAUTIONS FOR USE

Not suitable for pregnant or breastfeeding women.

RECOMMENDATIONS

This dietary supplement does not replace a varied and balanced diet and a healthy lifestyle and is not a drug. Inform your doctor or pharmacist if you are taking medication at the same time. Keep out of the reach of children. Store at room temperature and in a dry place. Do not exceed the recommended daily dose.

