

MAGNEVITS



NATURAL FOOD SUPPLEMENT



MAGNEVITS

WEIGHT
1140mg

INGREDIENTS:

Magnesium salts of citric acid, capsule shell: pullulan, magnesium bisglycinate, magnesium taurate, taurine, vitamin B3 (nicotinamide), vitamin B5 (calcium D-pantothenate), vitamin B6 (pyridoxal 5'-phosphate), Vitamin B2 (Riboflavin), Vitamin B1 (Thiamin hydrochloride), (6S)-5-methyltetrahydrofolic acid as glucosamine salt (Quatrefolic®), Vitamin B8 (D-biotin), Vitamin B12 (Methylcobalamin).

| NUTRITIONAL INFORMATION | 3 CAPSULES | AR%* |
|-------------------------|------------|------|
| Magnesium element | 345mg | 92 |
| Taurine | 150mg | - |
| Vitamin B1 | 4.95mg | 450 |
| Vitamin B2 | 6.3mg | 450 |
| Vitamin B3 | 54mg | 337 |
| Vitamin B5 | 27mg | 450 |
| Vitamin B6 | 6mg | 428 |
| Vitamin B8 | 225µg | 450 |
| Vitamin B9 (folic acid) | 400µg | 200 |
| Vitamin B12 | 15µg | 600 |

* RI = reference intake.



USING ADVICE :

1 to 3 capsules to swallow with a glass of water. Divide the catch over the day, or according to prescription.

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|---------|--------------|-----------|
| 4307666 | 90 capsules | 25,80€ |
| 4347621 | 270 capsules | 66,40€ |

3 S E L S OF MAGNÉ SI UM + VI TAMI NE SB + TAUR I NE

Stressed, tired? It's not easy to find the magnesium that's right for you! **Magnevits** offers 3 bioavailable magnesium salts of 2nd and 3rd generation combined with all B vitamins and taurine. Bisglyciant and Magnesium Citrate have high bioavailability as well as high elemental magnesium content. Magnesium taurate optimizes the intestinal assimilation of magnesium. Magnesium salts are combined with all B vitamins and taurine to enhance the absorption and cellular retention of magnesium.

Magnesium is the second most abundant cation in cells and is also the coenzymatic catalyst for nearly 400 biochemical reactions fundamental to energy production.

HEALTH CLAIMS

✓ Magnesium and vitamins B2, B3, B5, B6, B9, B12 help reduce fatigue;

✓ Magnesium and vitamins B1 and B5 contribute to normal muscle function. Magnesium contributes to normal protein synthesis and plays a role in the process of cell division along with vitamin B12. Folate contributes to the normal synthesis of amino acids;

✓ Magnesium and vitamins B1 and B5 contribute to normal energy metabolism. Taurine is important for energy metabolism.

ADVANTAGES OF THE FORMULA

✓Combination of 3 bioavailable magnesium salts;

✓Optimized digestive tolerance and absorption;

✓Optimal concentration of elemental magnesium;

✓Intake of coenzyme B vitamins (B1 + B6 + B9 + B12) and taurine;

✓ Natural galenic form (pullulan) and excipient (rice starch).

RECOMMENDATIONS

This dietary supplement does not replace a varied and balanced diet and a healthy lifestyle and is not a drug. Inform your doctor and/or pharmacist if you are taking medication at the same time. Product reserved for adults, do not use in children. Not suitable for pregnant or breastfeeding women. Keep out of the reach of children. Store at room temperature and in a dry place. Do not exceed the recommended daily dose.



AVAILABLE ONLINE, IN PHARMACY AND IN ORGANIC STORE.