



NATURAL FOOD SUPPLEMENT



MAGNESIUM + POTASSIUM

WEIGHT
770mg

INGREDIENTS:

Tripotassium citrate 300mg, Magnesium citrate 150mg.; rice starch;
capsule shell: 100% vegetable pullulan.

NUTRITIONAL INFORMATION	1 CAPSULE	AR%*
Potassium element	108mg	22
Magnesium element	24mg	25

* RI = reference intake.



USING ADVICE :

4 capsules per day with a glass of water with meals.

CNK	CONDITIONING	P. PUBLIC
3202165	120 capsules	21,60€

MAGNESIUM +
POTASSIUM

CITRATE MINERALS

Potassium citrate, found naturally in fruits and vegetables, provides a supply of potassium bicarbonate. Adding magnesium citrate decreases magnesium losses related to stress and/or physical exertion.

HEALTH CLAIMS

- ✓ Magnesium citrate contributes to cellular electrolyte balance;
- ✓ Magnesium and potassium ensure normal muscle function;
- ✓ Potassium helps maintain normal blood pressure.

ADVANTAGES OF THE FORMULA

- ✓ Concentrated in natural potassium and magnesium citrates;
- ✓ Natural galenic form (pullulan) and excipient (rice starch);

RECOMMENDATIONS

This dietary supplement does not replace a varied and balanced diet and a healthy lifestyle and is not a drug. Inform your doctor and/or pharmacist if you are taking medication at the same time. Not suitable for children under 12, pregnant or breastfeeding women, elderly people or people with kidney disease, diabetes with insulin resistance, or being treated for high blood pressure. Keep out of the reach of children. Store at room temperature and in a dry place. Do not exceed the recommended daily dose.

