



## NATURAL FOOD SUPPLEMENT



1 CAPSULE  
FUCUS + NETTLE

WEIGHT  
470mg

## INGREDIENTS:

Seaweed (*Fucus vesiculosus*), Stinging nettle (*Urtica dioica* - leaf); rice starch; capsule shell: 100% vegetable pullulan.

NUTRITIONAL INFORMATION	1 CAPSULE	AR%*
Seaweed - Kelp Nettle extract (10/1) (10% silicon & 8% beta-sitosterol)	150mg - Iodine: 150µg 75mg	100 -

\* RI = reference intake.



## USING ADVICE :

1 to 2 capsules per day with a glass of water with meals.

CNK	CONDITIONING	P. PUBLIC
3482312	60 capsules	14,20€
3482320	90 capsules	18,60€

## FUCUS + NETTLE



## SEA ALGAE (KELK) + NETTLE

Fucus is an algae rich in iodine. It also contains a multitude of minerals and trace elements and a nettle extract. The presence of these cofactors favors the assimilation of iodine.

## HEALTH CLAIMS

- ✓ Iodine contributes to the maintenance of a normal metabolism;
- ✓ Fucus contribute to reduce fat absorption;
- ✓ The iodine in bladderwrack contributes to normal thyroid hormone production and normal thyroid function.

## ADVANTAGES OF THE FORMULA

- ✓ Contains 100% of daily iodine intake per capsule;
- ✓ 100% natural coating (pullulan) without harmful excipient (rice starch);
- ✓ Suitable for adolescents (from 14 years old - 1 capsule per day).

## PRECAUTIONS FOR USE

In the absence of experimental studies, it is recommended not to use this food supplement during pregnancy or breastfeeding.

## RECOMMENDATIONS

Food supplement cannot replace a varied and balanced diet. To be taken as part of a healthy lifestyle. Consume as part of a controlled calorie diet. Not recommended for people on anticoagulant treatment. Seek the advice of your doctor in case of thyroid treatment or simultaneous medication. Keep out of the reach of children. Store at room temperature and in a dry place. Do not exceed the recommended daily dose.

