



NATURAL FOOD SUPPLEMENT



CORTIVITS CAPSULE

WEIGHT  
465mg**INGREDIENTS:**

Rhodiola extract (Sedum roseum - root), Ashwagandha SHODEN extract® (Withania somnifera - root); blackcurrant extract (Ribes nigrum L. - leaf); capsule shell: 100% pullulan; rice starch.

| NUTRITIONAL INFORMATION                    | 1 CAPSULE              | AR%* |
|--|------------------------|------|
| Ashwagandha SHODEN®<br>(35% withanolides)  | 120mg<br>42mg          | -    |
| Rhodiola<br>(3% rosavins & 1% salidroside) | 150mg<br>4.5mg & 1.5mg | -    |
| Blackcurrant extract (10% polyphenols)     | 100mg - 10mg           | -    |

\* RI = reference intake.

**USING ADVICE :**

1 capsule per day with a glass of water with meals.

| CNK     | CONDITIONING | P. PUBLIC |
|---------|--------------|-----------|
| 4380895 | 30 capsules  | 23€       |

**CORTIVITIES****ASHWAGANDHA BREVEY + RHODIOLA + CASSIS**

Lack of energy, exhaustion? Cortivits contains a patented extract of ashwagandha SHODEN® concentrated at 35% withanolides. This formula combines ashwagandha and rhodiola which support the body in the face of stress. The polyphenol-rich blackcurrant extract supports the action of adaptogenic plants.

**HEALTH CLAIMS**

✓ Rhodiola has a beneficial effect on stress-induced fatigue and headaches. Ashwagandha supports in times of mental stress;

✓ Rhodiola helps the body adapt to emotional stress and physical exertion. Ashwagandha helps support relaxation and mental and physical well-being.

**ADVANTAGES OF THE FORMULA**

✓ Combination of adaptogenic plants providing an optimal action;

✓ Ashwagandha extract (SHODEN®) supported by scientific studies;

✓ 100% natural origin (pullulan) without harmful excipient (rice starch).

**RECOMMENDATIONS**

This dietary supplement does not replace a varied and balanced diet and a healthy lifestyle and is not a drug. Not recommended for people suffering from hyperthyroidism, an autoimmune disease, as well as children under 16 years old. Not suitable for pregnant or breastfeeding women. Keep out of the reach of children. Store at room temperature and in a dry place. Do not exceed the recommended daily dose.

